

DELTA Module 1 Prep Course | Feb-Nov/2026

Suggested Breakdown (32 weeks/16 real-time meetings (Fridays))

	Week(s)	Mode	Real-time meetings	Topics / Contents	Workload
1	Feb 09	Async / Sync	Feb 11 (1)	• Welcoming Trainees • Course/Platform Introduction	-
2	Feb 16	Async	-	• Language Acquisition Discussion • Paper1/Task1 Intro & Practice	Paper 1 – Task 1 (+forum discussion / reading)
3	Feb 23	Async / Sync	Feb 27 (2)	• Methodology - Session 1	Research and time to catch up
4	Mar 02	Async	-	• Systems – Session 1 (grammar) • Paper1/Task2 Intro & Practice	Paper 1 – Task 2 (+forum discussion / reading)
5	Mar 09	Async / Sync	Mar 13 (3)	• Methodology - Session 2	Research and time to catch up
6	Mar 16	Async	-	• Systems – Session 2 (Lexis 1) • Paper1/Task2 Intro & Practice	Reading
7	Mar 23	Async / Sync	Mar 27 (4)	• Methodology - Session 3 • Paper1/Task3 Intro & Practice	Paper 1 – Task 3 (+forum discussion / reading)
8	Mar 30	Async	-	• Systems – Session 3 (Lexis 2)	Reading and time to catch up
9	April 06	Async / Sync	April 10 (5)	• Assessment 1 • Paper1/Task4 Intro & Practice	Paper1 – Task4 (+forum discussion / reading)
10	April 13	Async	-	• Systems – Session 4 (Phonology 1)	Reading / Phonology Practice
11	April 20	Async / Sync	April 24 (6)	• Assessment 2 • Paper1/Task5 Intro & Practice	Paper1 – Task5 (+forum discussion)
12	April 27	Async	-	• Systems – Session 5 (Phonology 2) • Full Mock Test 1 – Paper 1	Exam Review Research / Reading
13	May 04	Async / Sync	May 08 (7)	• Methodology - Session 4 • Paper 2 – Intro	Discussion of Paper 1 Mock
14	May 11	Async	-	• Systems – Session 6 (Discourse) • Paper 2 – Part 1 – Mechanics & Criteria	Exam Strategy & Review Paper2 – Part 1
15	May 18	Async	May 23 (8)	• Genre I • Paper 2 – Part 2 – Mechanics & Criteria	Exam Strategy & Review Paper2 – Part 2
16	May 25	Async	-	• Genre II • Paper 2 – Part 3 – Mechanics & Criteria	Exam Strategy & Review Paper2 – Part 3
17	June 01	Async	-	• Methodology – Session 5 • Full Mock Test 1 – Paper 2	Research / Review / Forum discussion
18	June 08	Async	-	• Skills – Session 1 (Listening)	Reading & Research
19	June 15	Async	June 19 (9)	• Skills – Session 2 (Reading)	Discussion of Paper 2 Mock

Note: this is a suggested breakdown, which may change according to the work developed by the group.

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	Week(s)	Mode	Real-time meetings	Topics / Contents	Practice / Extra
20	Aug 03	Async / Sync	Aug 07 (10)	• Methodology – Session 6	Reading & Research Forum Discussion
21	Aug 07	Async	-	• Full Mock Test 2 – Papers 1 and 2	Further Reading - Exam
22	Aug 17	Async / Sync	Aug 21 (11)	• Skills – Session 3 (Writing) – Part 1	Discussion of Full Mock 2
23	Aug 24	Async	-	• Genre I	Further Reading
24	Aug 31	Async / Sync	Sept 04 (12)	• Skills – Session 4 (Writing) – Part 2 • Genre II	Reading & Research Forum Discussion
25	Sept 07	Async	-	• Skills – Session 5 (Speaking) – Part 1	Further Reading
26	Sept 21	Async / Sync	Sept 25 (13)	• Methodology – Session 6	Reading & Research Forum Discussion
27	Sept 28	Async	-	• Skills – Session 6 (Speaking) – Part 2 • The learner and Learner Literacy	Further Reading
28	Oct 12	Async / Sync	Oct 16 (14)	• Spotting, Analysing and Treating Errors	Reading & Research Forum Discussion
29	Oct 26	Async	-	• Full Mock Test 3 – Papers 1 and 2	Catch up on reading and strategies / Forum Discussion
30	Nov 02	Async / Sync	Nov 06 (15)	• Full Mock Test 3 – Papers 1 and 2	Discussion of Full Mock 3
31	Nov 09	Async	-	• Time to catch up on the platform contents • Exam quiz and review	Catch up on reading and strategies
32	Nov 23	Sync	Nov 27 (16)	• Time to catch up on the platform contents	Last Minute reminders End-of-course Info

Notes:

1. The exam takes place in the first week of December, and its fee must be paid around August. Just as a reference, the Dec/2024 Exam fee (charged directly by the center) was about US\$550.00. Please have in mind this is the Centre Exam fee (exam sitting + Cambridge fee), not the course fee.
2. There is a break from mid-June to the end of July, during which trainees will be left with tasks to be done.